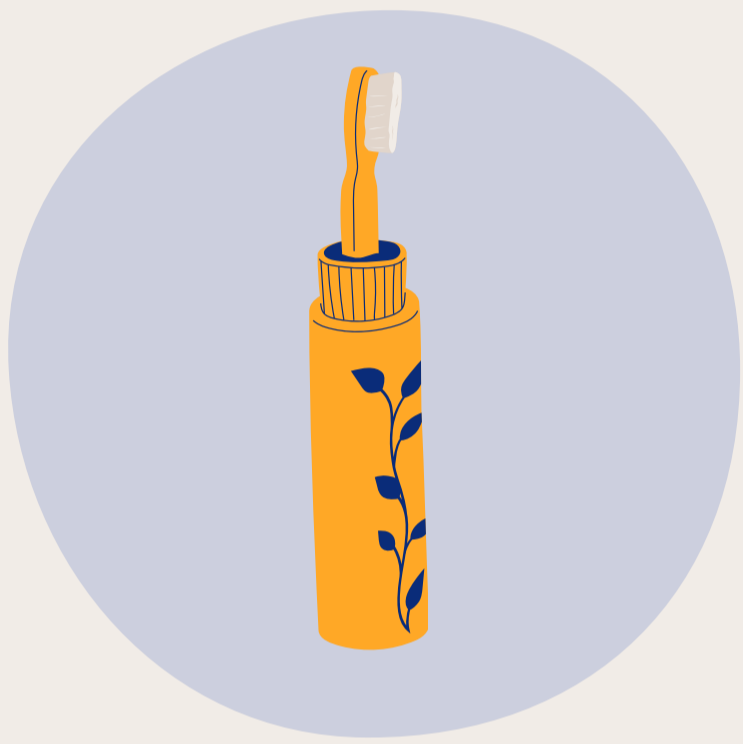
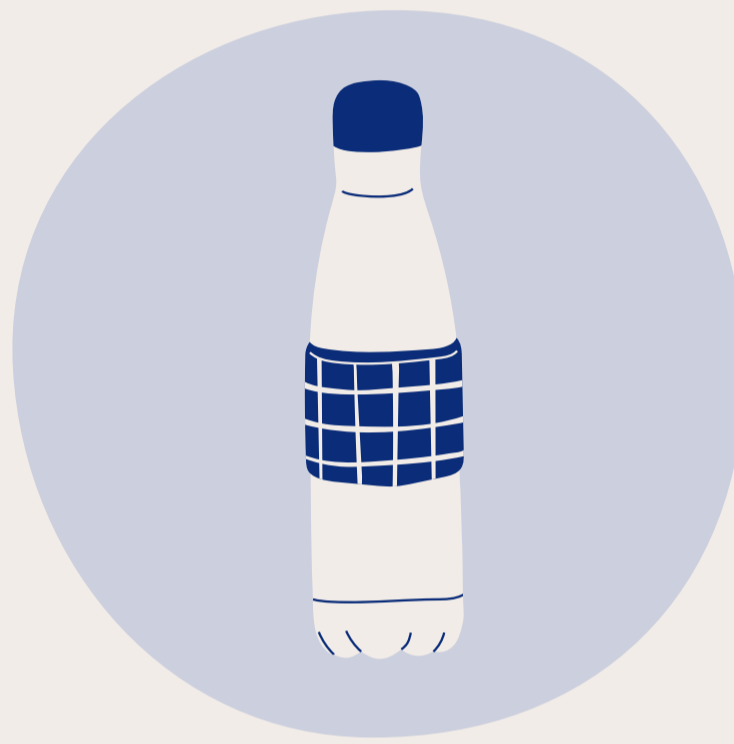


# Plastic: useful for minutes, harmful for decades.

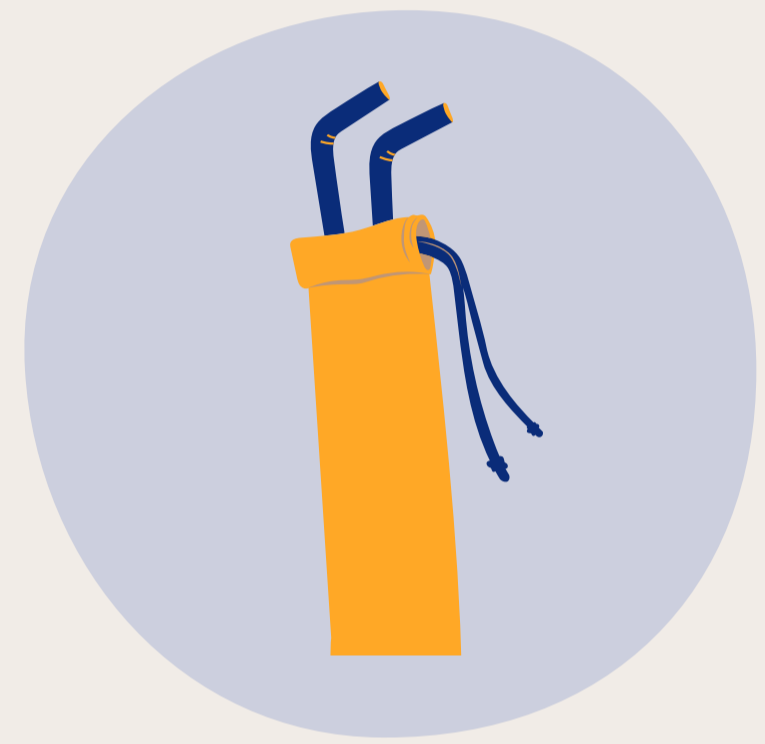
While a plastic item may only be useful to us for minutes, it takes decades to break down in the ocean.



**Plastic toothbrush:**  
500 years to break down.



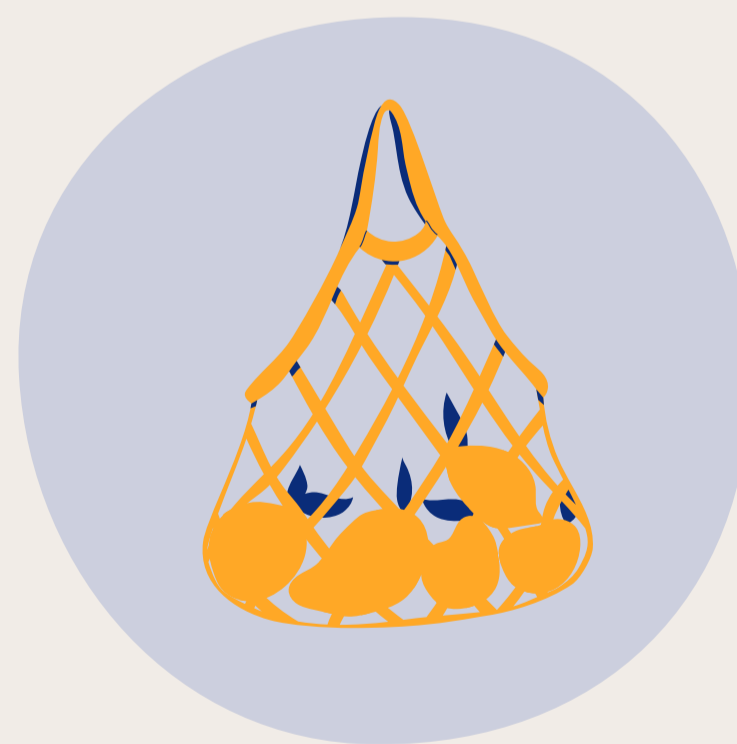
**Plastic bottles:**  
450 years to break down.



**Plastic straws:**  
200 years to break down.



**Coffee cups:**  
30 years to break down.



**Plastic bag:**  
20 years to break down.

Information Source: WWF | [www.wwf.org.au/news/blogs/the-lifecycle-of-plastics#gs.zacr13](http://www.wwf.org.au/news/blogs/the-lifecycle-of-plastics#gs.zacr13) | Accessed 21 April 2021.

# More plastic means less marine life.

**Plastic threatens many marine species. To understand the seriousness and urgency of the issue, just look at the numbers.**

Source: Condor Ferries | [www.condorferries.co.uk/marine-ocean-pollution-statistics-facts](http://www.condorferries.co.uk/marine-ocean-pollution-statistics-facts) Accessed 21 April 2021.

100M

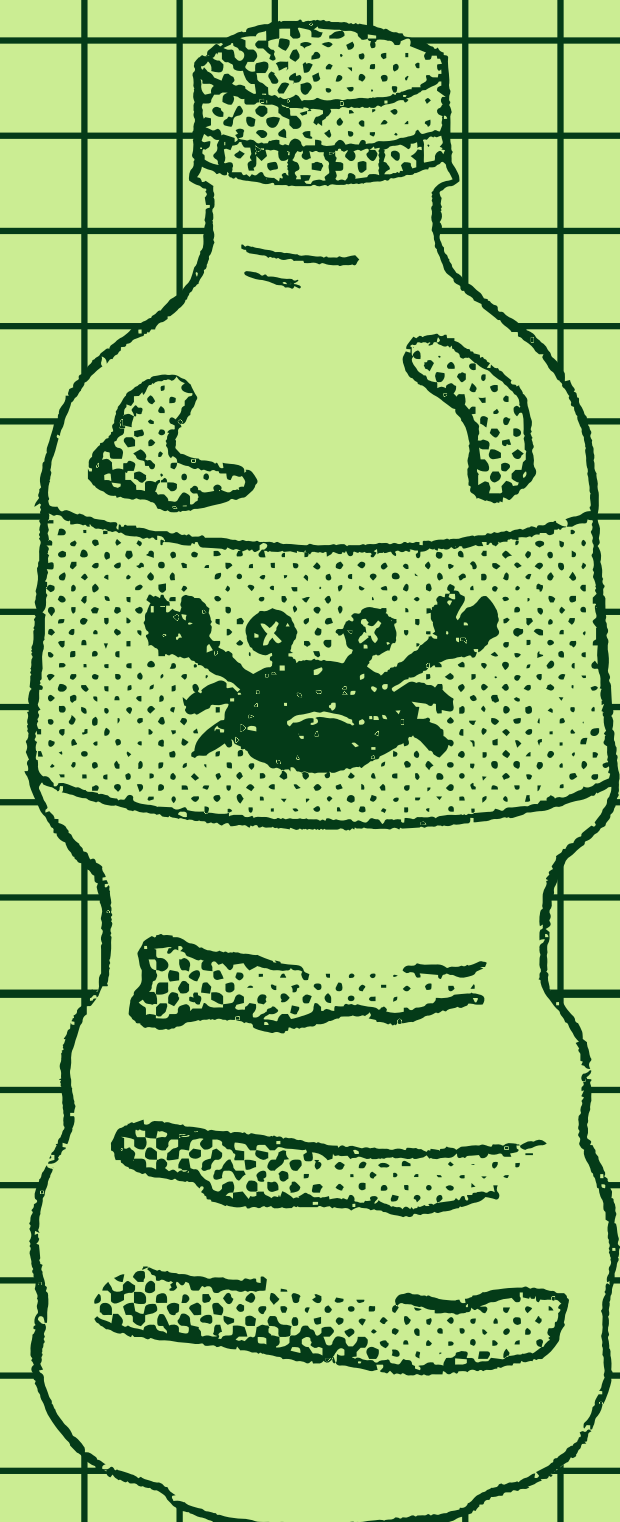
marine animals die each year from plastic waste alone.

100,000

marine animals die from getting entangled in plastic yearly.

1/3

marine mammal species get found entangled in litter.



# EVERYDAY PLASTIC ITEMS:

## CONVENIENCE AT A COST.

These are the top ten everyday plastic items that are harming our oceans. Which ones have you used today?

- 1 Plastic Shopping Bags
- 2 Plastic Cutlery
- 3 Plastic Straws and Drink Stirrers
- 4 Plastic Fruit and Vegetable Bags
- 5 Balloons and Balloon Sticks
- 6 Plastic Bottles and Lids
- 7 Plastic Takeaway Containers
- 8 Polystyrene Containers and Products
- 9 Plastic Lined Coffee Cups and Lids
- 10 Disposable Plastic Cups, Plates, and Bowls

Information Source: Australian Marine Conservation Society | [www.marineconservation.org.au/10-of-the-most-dangerous-plastic-products-polluting-our-oceans](http://www.marineconservation.org.au/10-of-the-most-dangerous-plastic-products-polluting-our-oceans) | Accessed 21 April 2021.



# Proper Waste Disposal in 5 Ways

## **1. Segregate your garbage.**

Sort your trash into different bins. Follow city guidelines on waste segregation.

## **2. Separate recyclables.**

Take recyclable materials like paper, plastic, and glass to your local recycling center.

## **3. Save reusable items.**

Try to reuse items that are still good or take them to a store or center for pre-owned things.

## **4. Store food waste in a compost bin.**

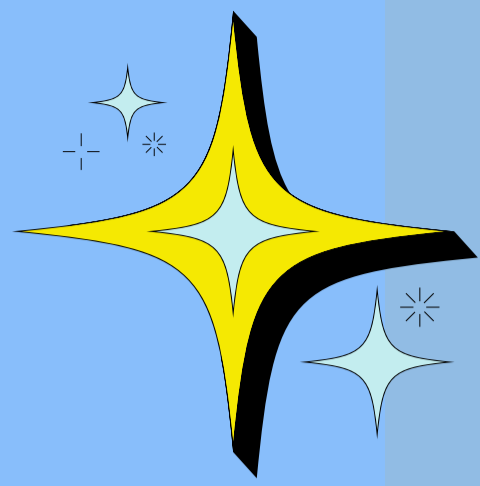
Use the compost to fertilize your own garden or donate it to a public garden or a group.

## **5. Reduce waste as much as you can.**

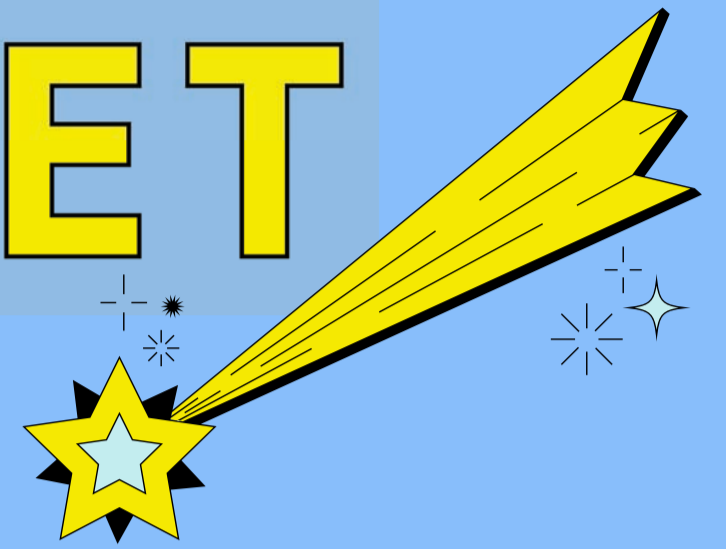
Avoid single-use plastics or items. Switch to reusables and make smart purchases.

**Be Eco-friendly  
Be Responsible**





# DOING OUR PART FOR THIS PLANET



1

## Reduce Your Consumption

Don't buy what you don't need, and minimize purchase and use of single-use plastics

2

## Reuse What You Can

Find ways to refurbish items or donate and trade with others

3

## Segregate Your Waste

Put biodegradable and non-biodegradable garbage in separate bins

4

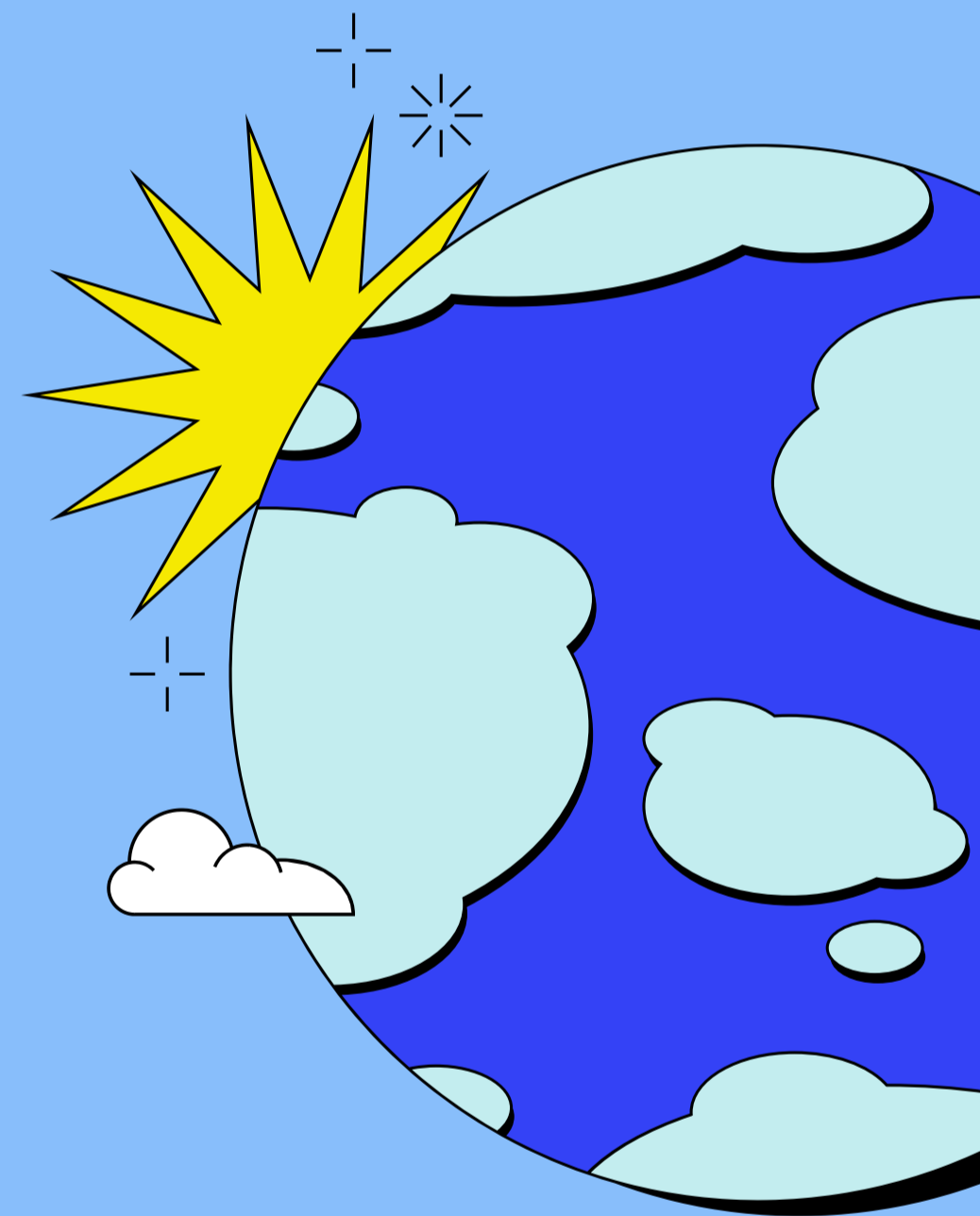
## Separate Glass, Metal, and Plastics

Further separate glass, metal, and plastics in different bins for easier recycling

5

## Get Familiar with Your System

Figure out your city's waste disposal system and follow the designated schedule



LET'S MAKE OUR COMMUNITY CLEAN!

# How to Handle Your Trash

## Step 1: Reduce.

Buy long-lasting products with minimal or no packaging to minimize the trash you generate.

## Step 2: Reuse.

Think twice before putting an item in the trash. Find another use for it, donate, or sell it.

## Step 3: Recycle.

Segregate your trash by type. Contact local recyclers to collect your non-recycleable trash.

**Throw  
trash away  
responsibly**



## Step 4: Make compost.

Gather fruit and vegetable scraps and make a compost pile in your backyard.

## Step 5: Dispose trash in a landfill.

Throw trash in a landfill only if you still have trash left after following the other four steps.

# PRACTICE PROPER WASTE DISPOSAL

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You can help make  
the clean and green  
dream come true.

**DO YOUR  
PART TODAY.**





**Know what items  
you can recycle.**



Don't throw away paper, cardboard, plastic products, and glass bottle and jars. These can still be reused!

**BE MINDFUL OF YOUR  
ENVIRONMENTAL IMPACT.**



# RECYCLING

## COLOR CODES

GENERAL WASTE



PLASTICS & CANS



PAPERS & BOARDS



# The ocean is drowning in plastic.

*One million sea birds and 100,000 marine mammals are killed annually from plastic in our oceans.*



Get involved. Volunteer. Donate.

Learn more at [www.saveourseas.com](http://www.saveourseas.com)  
or call 1-800-Oceans